



Building a Coaching Covenant

Givens:

- # Coaching is about you not me
- # Coaching is about your agenda not mine
- # Coaching is a confidential relationship
- # Coaching calls you to take the initiative not me
- # Client always initiates and pays for their call to the coach
- # Coaching is about your action not just our conversation or my understanding
- # Coaching calls you to stretch to new horizons of growth
- # At designated coaching times I will only wait on you for 10 minutes then I move on and I consider that you have missed a call.
- # Terminating Coaching Relationship can happen at any time by either person
- # Confidential relationship except for sharing contact information with International Coaching Federation for coaches certification
- # All appointments are made in using Eastern Standard Time
- # If client is 10 minutes late the coach considers this a missed call
- # Clients completes the covenant during the dialogue with the coach and sends completed covenant back to coach after the first session for filing
- # Actions of the client are only the clients desire and intent not that of the coach
- # All sessions are to be completed within a 3 month period of time unless renegotiated
- # If fees are involved they are paid directly to Eddie Hammett at the end of each session. Make check to Eddie Hammett – mail to 2604 Deermouse Way, Hendersonville, NC 28792



Negotiables:

- Scheduling of calls
- Length of Calls
- Frequency of calls
- Clients desired outcomes for coaching conversations
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- Consequences of missed calls
 - If you miss
 - If I miss

Plan of Action Agreed Upon between Coach and Client:

What will maximize this coaching relationship for you?

Honesty

Push back/feedback

Human Factor



Eddie Hammett, PCC, Church & Clergy Coach
for CBFNC, Affiliate with Coach Approach
Ministries and Partner of The Columbia
Partnership
Phone: office 828-272-0903
Mobile 828-458-8954